

# Grow Guide

## Longevity Spinach

Longevity Spinach cuttings root best with high humidity, warmth and dappled shade. As with all cuttings, a well draining but consistently moist media is crucial. These cuttings root at very high rates. We recommend rooting in small pots and transplanting out to the garden later.

Longevity Spinach grows well in full sun to partial shade. It makes a great groundcover under newly planted trees and amongst other taller perennials. This is a very hardy plant but responds to fertility and water with bountiful growth. Every so often the plants begin to decline and cuttings need to be rooted for a new patch. Longevity spinach is very sensitive to frost but can easily be protected by throwing a blanket over it on chilly nights. We like to root some backup plants in pots over the winter just in case the plants freeze out.

